



# ALL A-BOARD

THE PARTY'S AT YOUR PLACE AND WE'VE GOT THE RECIPE FOR FUN.

The humble board game is no longer just for the kids, it is fast becoming the new dinner party entertainment of choice. Everyone has their favourites that are pulled out on holidays and rainy days, but when was the last time you checked out any new board games or the updated classics now available? Spin the Bottle is computerised, while Nitty Gritty is a new big seller. Now's the time to get back on board, flex some intellectual muscle and have a few laughs. So round up some good friends or family, cook up a storm, pour a glass of wine and discover your inner child again. It's the perfect way to warm up winter nights. And remember, if the games start to bring out the competitive side of your nearest and dearest, it's just a game!



## THE GAMES

YOU'LL NEVER GET BORED TESTING YOUR SKILLS ON THESE GREAT MIND-BENDERS, BODY-TWISTERS AND LIE-DETECTORS.

### Globetrotter Trivial Pursuit

Take a trip around the world with Globetrotter Trivial Pursuit. This updated version of the 20-year-old game tests your knowledge of the world's great cultures and sights.

### Cluedo

If you fancy yourself as the Sherlock Holmes type, give your detective skills a proper work-out in the classic whodunnit, Cluedo.

### Monopoly

Become a real estate tycoon for a day playing old favourite Monopoly. The World Monopoly Championships are on in October, so if you're serious start practising now!

### Twister

We remember it from childhood, and it is still just as fun now. Twister is a great excuse to fall about and have fun watching your friends lose their balance in creative ways.

### Nitty Gritty

Find out how well you really know your friends and family with new game Nitty Gritty. But watch out, you'll find out everybody's deepest secrets – or their best lies.

### Jenga

Don't do your block over Jenga, the building-block game of skill and coordination. This is a game for those with a steady hand and nerves of steel – just don't let the tower fall!



## THE FOOD

SERVE UP SOME HEART-WARMING PARTY FOOD THAT'S EASY ON THE WAISTLINE WITH THESE RECIPES FROM WEIGHT WATCHERS.



**SMOKED SALMON ON TURKISH BREAD**  
SERVES 4 / Each serve provides 3½ POINTS  
PREPARATION TIME 10 MINUTES

- INGREDIENTS**
- 1 tbs light sour cream
  - 1 tbs capers
  - 1 tbs fresh dill, chopped
  - 2 tbs fresh chives, chopped
  - 3 cucumbers, sliced
  - 150g smoked salmon slices
  - 2 large square pieces of Turkish bread (15 x 15cm), lightly toasted

- 1 In a small bowl combine the sour cream, capers, dill and chives. Cut the bread in half crossways, spread the bread bases and top evenly with the sour cream mixture.
- 2 Top each with the cucumber and smoked salmon slices and serve.

All recipes are courtesy of **Weight Watchers Simply the Best Cookbook**. The Weight Watchers *Simply the Best Cookbook* costs \$17.95 RRP and is available from Weight Watchers Meetings, mail order on 1300 363 488 or online at [www.weightwatchers.com.au](http://www.weightwatchers.com.au). The Weight Watchers weight-loss program is based on a POINTS® system. For more information, please call 131 997.

